

clear light counselling
8-848 West 16th Street
North Vancouver, BC, V7P 1R3

CLIENT CONSENT FORM



COUNSELLING is a confidential process to help you address your concerns, come to a greater understanding of yourself, and learn effective personal and interpersonal coping strategies. It involves a relationship between you and a trained clinician who has the training and willingness to help you accomplish your goals. Counselling involves sharing sensitive and personal information that may, at times, be difficult or distressing. As well, during the course of counselling treatment, there may be times of increased anxiety or confusion as you work through distress. The outcomes of counselling are often very positive; however, the level of satisfaction for every individual is not predictable, but I will be available to support you throughout the process.

CONFIDENTIALITY:

Absolute confidentiality is the cornerstone of my practice. All interactions with clear light counselling services, including scheduling or attending sessions, the content of our discussions, and your progress in counselling, is completely confidential. No record of our counselling sessions are contained in any academic, educational or job placement file.

EXCEPTIONS TO CONFIDENTIALITY:

*I may consult with other trained clinicians, without revealing names or identifiable details, for the purposes of providing the best possible care and professional treatment.

*If you provide evidence of clear and imminent danger to yourself or others, I have a legal obligation to break confidentiality in order to report information to authorities responsible for ensuring your safety.

*If I am required, by Court Order, to release information contained in my records for the purpose of testimony in a court hearing, I have an obligation to break confidentiality.

Please give 24 hours notice, by phone or email, if you must cancel an appointment. Pre-payments will be refunded when adequate notification is given.

I have read and the above information. I understand the risks and benefits of counselling, the limits of confidentiality, and the expectations of me as a client of clear light counselling.

Name of client (signature)

Ruby Willems

clear light counselling
8 - 848 West 16th Street
North Vancouver, BC, V7P 1R3